# Dear Parents,

Its important that you spend some time enjoying some of these activities with your child. It will reinforce the learning that is taking place at the nursery and offer a variety of opportunities to enable you as parents to engage in your child's learning journey.

## Focus books we are reading this term:

The Hungry Caterpillar

The Crunching, munching caterpillar.

The ladybird that heard.

Visit the library and visit regularly.

#### READ WITH YOUR CHILD EVERY DAY AND SING SONGS AND RHYMES WITH ACTIONS.

#### Literacy

- Stamp feet and clap hands to the rhythm of a song
- Join in with action songs.
- Read favourite stories and introduce new stories.
- Talk about the story. What happened? What would happen if? How / why did that happen? What did she say?
- Encourage your child to tell their own story.
- Sand play draw / write in the sand.
- Encourage mark making, ensure paper and pencils are available at all times.
- Look and recognise symbols in the environment.
- Practice recognising and writing own name





#### Mathematics

- Talk and label parts of the body.
- Sing number songs and number rhymes.
- Make a shopping list together and go shopping – Can I have 2 bananas and 4 carrots.
- Play with puzzles.
- Bake some biscuits measure the ingredients with the children.
- Do an obstacle course, can your child follow directions – go <u>under</u> the table and <u>over</u> the cushion, can you walk beside the tv and behind the chair.
- Counting items in order 1,2,3,4,5
- Identify numbers and shapes in the environment what number on the bus, shape of the window.
- Subitising https://www.youtube.com/watch?v=PS IA-u\_ABmU

### Physical Development

- Make marks in wet sand.
- Dance and sing with your child.
- Jumping activities
- Move like a crab, wriggle like a worm, flap like a bird.
- Play ball games.
- Visit the park.
- Go for a long walk talk about what you see and hear as you walk.
- Talk about keeping safe.
- Talk about what exercise does to our bodies – heartbeat etc
- Talk about healthy foods make a fruit salad.
- Continue to encourage your child to dress themselves.
- Encourage hand washing independently and tooth brushing twice a day.

Is your child toilet trained? Is he / she ready to be toilet trained? Please talk to us so that we can support you.



### Understanding the World



- Read a story about people or animals
   talk about what you read explore
   this with your child on the internet.
- Look at photographs of a celebration

   what did you do? What did you
   celebrate?
- Talk about occupations doctor, police, fire fighter – explore this with your child on the internet.
- Make a musical instrument using boxes and materials from home.
- Go for a nature walk what do you see?
- Talk about the caterpillars at nursery.
- Play with containers in the bath.
- Look at photographs of your family as babies – talk about growing and differences and similarities.
- Plant some seeds and watch them grow? What do the seeds need to grow?

## Expressive art and design

- Collect items such as boxes, leaves, fabric, tubes, paper etc and create a model.
- Paint a lovely picture together.
- Listen to different types of music what can you hear?
- Move and dance to the music.



## Personal, Social and Emotional development



- Continue to provide opportunities for your child to play with or alongside other children.
- Talk about manners and good behaviour.
- Give opportunity for your child to make choices.
- Talk about feelings and emotions what makes you feel sad / happy / angry.
- Use a mirror to draw a self-portrait.
- Talk about what makes us different.
- Ask your child to lay the table, to help fold the clothes and tidy away toys.

## Communication and Language development

- Sing and dance.
- Ask who, what, where and when questions to encourage more complex answers and to ignite their imagination.
- Introduce new words to vocabulary.
- Talk about growing.
- Plant some seeds.
- Talk about familiar books and be able to tell a long story.
- Make bedtime reading a routine.
- Provide activities, such as cooking where talk is used to anticipate or initiate what children will be doing, e.g. We need some eggs. Let's see if we can find some in here.



Please take some photographs of your child doing these activities and send them to us via EYLOG.

Have fun!